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Scandinavian designer. 15



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NYC to ring in the New Year by raising
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'Twas the Night Before...'

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TUESDAY

62° | 35°

Rain
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38° | 26°

Chance Snow
Showers

THURSDAY

35° | 26°

Mostly
Sunny

FRIDAY

38° | 36°

Mostly
SunnyTHINGS
TO
KNOW

U.S. President Donald Trump. REUTERS

President insists
North Korea must
denuclearize.

U.S. President Donald Trump said on Sunday that North Korean leader Kim Jong Un risks losing "everything" if he resumes hostility and his country must denuclearize, after the North said it had carried out a "successful test of great significance."

"Kim Jong Un is too smart and has far too much to lose, everything actually, if he acts in a hostile way. He signed a strong Denuclearization Agreement with me in Singapore," Trump said on Twitter, referring to his first summit with Kim in Singapore in 2018.

"He does not want to void his special relationship with the President of the United States or

interfere with the U.S. Presidential Election in November," he said.

North Korea's state media KCNA reported earlier on Sunday that it had carried out a "very important" test at its Sohae satellite launch site, a rocket-testing ground that U.S. officials once said North Korea had promised to close.

The reported test comes ahead of a year-end deadline North Korea has imposed for the United States to drop its insistence on unilateral denuclearization. Pyongyang has warned it could take a "new path" amid the stalled talks with the United States.

"North Korea, under the leadership of Kim Jong Un, has tremendous economic potential, but it must denuclearize as promised," Trump said on Twitter.

The KCNA report

Trump says Kim Jong Un risks losing 'everything' after North Korea claims major test

called it a "successful test of great significance" but did not specify what was tested.

Missile experts said it appeared likely the North Koreans had conducted a static test of a rocket engine, rather than a missile launch.

credible signal of what might await the world after the New Year."

Tensions have risen ahead of a year-end deadline set by North Korea, which has called on the United States to change its policy of insisting on Pyongyang's unilateral

"The results of the recent important test will have an important effect on changing the strategic position of the DPRK once again in the near future," KCNA reported, using the initials of North Korea's official name, the Democratic People's Republic of Korea.

Asked in a CBS "Face the Nation" interview if North Korea might be preparing to resume nuclear tests, U.S. National Security Adviser Robert O'Brien said that "would be a mistake on the part of North Korea."

Pyongyang's last nuclear test, its sixth and most powerful, took place in September 2017.

"It doesn't end well for them if they do. If North Korea takes a different path than the one it's promised ... we've got plenty of tools in the toolkit," O'Brien said on Sunday.

Recent days have also

seen a return to the highly charged rhetoric that raised fears of war two years ago.

In 2017, Trump and Kim famously engaged in a war of words, with Trump calling Kim "Rocket Man" and North Korea calling Trump, now 73, a "dotard."

On Tuesday, Trump once again called Kim "Rocket Man" and said the United States reserved the right to use military force against North Korea. Pyongyang, in response, said any repeat of such language would represent "the relapse of the dotage of a dotard."

North Korea has announced it would convene a rare gathering of top ruling-party officials later this month, and on Wednesday state media showed photos of Kim taking a second symbolic horse ride on the country's sacred Mt. Paektu.

REUTERS

"North Korea, under the leadership of Kim Jong Un, has tremendous economic potential, but it must denuclearize as promised."

Donald Trump

"If it is indeed a static engine test for a new solid or liquid fuel missile, it is yet another loud signal that the door for diplomacy is quickly slamming, if it isn't already," said Vipin Narang, a nuclear affairs expert at the Massachusetts Institute of Technology in the United States.

"This could be a very

denuclearization and demanded relief from punishing sanctions.

On Saturday North Korea's ambassador to the United Nations said denuclearization was now off the negotiating table with the United States and lengthy talks with Washington are not needed.

Saudi is lone suspect in Florida naval base rampage

Investigators believe a Saudi Air Force lieutenant acted alone when he killed three people and wounded eight at a U.S. Navy base in Pensacola, Florida, before being fatally shot by a deputy sheriff, the FBI said on Sunday. But they have yet to determine a motive for the rampage, even though fellow Saudi students at the base who were close to the shooter are cooperating with investigators,

said Rachel Rojas, special agent in charge of the FBI's Jacksonville office and lead investigator on the case. Rojas said the FBI was working, as it does in most mass shootings, on the presumption that it was an act of terrorism, but she stressed that was largely to allow investigators to use special tools afforded to them in terrorism cases. "We are looking very hard at uncovering his motive" she said. REUTERS

U.S. and Iran swap prisoners in act of cooperation

The United States and Iran each freed a prisoner on Saturday in a rare act of cooperation between two longtime foes whose ties have worsened since President Donald Trump took office. Iran released Xiyue Wang, a U.S. citizen who had been held for three years on spying charges, while the United States freed Iranian Massoud Soleimani. He had been facing charges of violating U.S. sanctions against Tehran. A

senior U.S. official said Washington was hopeful that Wang's release would lead to the freeing of other Americans held in Iran and it was a sign Tehran was willing to discuss other issues. Wang appeared to be in good health and humor, he said. Trump thanked Iran on Twitter for a "very fair negotiation" that led to the exchange, adding the swap showed the U.S. and Iran "can make a deal together."

REUTERS

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2019



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NEWS

NYC minimum wage hike takes effect on New Year's Eve

The next phase of a pay hike will happen on Dec. 31. Here's what you need to know.



BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

New York City employees at small businesses with 10 or fewer workers will usher in 2020 with a bump in pay thanks to the expansion of minimum wage increases slated to go into effect later this month.

On Dec. 31, all employees across the five boroughs will begin earning at least \$15 an hour, regardless of how many other workers are at their place of employment.

"New York is leading the fight for economic



Governor Andrew Cuomo.

GETTY IMAGES

justice, proudly setting a national example by raising the minimum wage to \$15," Gov. Cuomo said of the wage hike in a press release.

Officials said in a press release that the current outlook for con-

tinued growth in employment and wages at a moderate pace allows the minimum wage to gradually rise to \$15 per hour across the state.

The minimum wage rose to \$15 for companies with 11 or more

employees in New York City on Dec. 31, 2018. In 2019, companies with ten or fewer employees will raise the minimum wage to \$15.

Outside of New York City, in Westchester and Long Island, it will rise

to \$13 per hour, and the rest of the state will increase their minimum wage to \$11.80.

The number of minimum wage workers is projected to grow to 1.5 million in 2020, according to a press release, making up about 16.4 percent of the workforce. The statistics show that over 1 million state workers will have benefited from the wage increases since 2013.

Gov. Cuomo added, "Nearly three years after we set New York on a path to achieve a \$15 minimum wage, we are seeing the benefits: record low unemployment rates, fewer people living in poverty, less people working multiple part-time jobs and more families given the opportunity to live a decent life. In New York, we believe in a fair day's pay for a fair day's work, and

we won't stop fighting until every hardworking New Yorker is paid the fair wages they deserve."

\$15

The minimum wage rose to \$15 for companies with 11 or more employees in New York City on December 31, 2018. In 2019, companies with ten or fewer employees will raise the minimum wage to \$15.

According to the Division of the Budget's Minimum Wage Report, the first ten months of 2019, the unemployment state has averaged four percent. The report also stated that if the trend continues for the rest of the year, 2019 will be the lowest on record since the 1970s.



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Park Slope teacher tells first-graders Santa isn't real

Parents are irate at the substitute teacher for his Grinch-like behavior.



BECCA GLASSER-BAKER
Rebecca.Glasser@metro.us

A new report revealed that a substitute teacher in Brooklyn is in hot water after breaking it to kids as young as five that Santa and The Tooth Fairy do not exist.

The New York Post reports the teacher told the first-grade Park Slope students the bad news last Monday at PS 321. He reportedly spilled the beans during a lesson on "convincing."

Now, parents are outraged. One mother told outlets, "Stuff like this — that their parents lie to them — is damaging to kids."

"It's three weeks be-



GETTY IMAGES

fore Christmas! These kids are 6 years old!" the mother continued.

Liz Phillips, the school's principal, sent a letter to parents who vowed to take action against the substitute. It was reported by Brooklyn News 12 that they are investigating the staff member.

"I guarantee you that this substitute will

"I guarantee you that this substitute will not be in class 1-216 again."

Principal Liz Phillips

not be in class 1-216 again," Phillips said in a letter secured by Brooklyn News.

Additionally, the letter read, "In terms of any fur-

ther actions that will be taken, I need to meet with the substitute and investigate further. But, I assure you that we take this very seriously."



DAVE HOSFORD/FICKR

NYPD cop bites into sandwich, cuts himself on razor blade

An NYC police officer was hurt when he bit into a Queens bodega sandwich and cut his mouth on a razor blade tucked inside.

The officer bought the sandwich around 4:30 p.m. Thursday from Bon Appetit in Rockaway Park, and upon eating it immediately felt something cut the inside of his mouth. He soon found the razor blade tucked inside the sandwich.

Officials told NBC the officer is part of the department's Critical Response Command team. He has not been identified

to media at this time.

The officer was taken to the hospital, where he was treated and released.

The NYPD told outlets they are currently working on getting access to the surveillance cameras at the bodega. It was also reported that a DNA sample was recovered from the blade and is being tested.

No previous issues have been reported at the bodega. The store's manager told NBC they were unaware of the incident. The NYPD told outlets the investigation is ongoing. BECCA GLASSER-BAKER



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This building is being constructed through the Supportive Housing Loan Program of the New York City Department of Housing Preservation and Development (HPD) and the Low-Income Housing Tax Credit (LIHTC) Program of New York State Homes and Community Renewal (HCR). Supportive housing is permanent, affordable housing with on-site support services to serve the needs of the most vulnerable New Yorkers, including the formerly homeless and disabled. Sixty percent of units in the building are supportive housing units set aside for low income or formerly homeless individuals or families with special needs, who are referred by city agencies. 29% of units in the building are made available to the public through lottery.

Who Should Apply? Individuals or households who meet the income and household size requirements listed in the table below may apply. Qualified applicants will be required to meet additional selection criteria. Applicants who live in New York City receive a general preference for apartments.

- A percentage of units is set aside for:
 - Mobility-disabled applicants (5%)
 - Vision/hearing-disabled applicants (2%).
- Preference for a percentage of units goes to:
 - Residents of Brooklyn Community Board 15 (50%)
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AVAILABLE UNITS AND INCOME REQUIREMENTS

Unit Size	50% AREA MEDIAN INCOME (AMI) UNITS	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ Minimum - Maximum ⁴
Studio		\$571	4	1 person	\$21,978 - \$37,350
				2 people	\$21,978 - \$42,700

Unit Size	60% AREA MEDIAN INCOME (AMI) UNITS	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ Minimum - Maximum ⁴
Studio		\$707	16	1 person	\$26,640 - \$44,820
				2 people	\$26,640 - \$51,240

¹ Tenant pays electricity including electric stove. Heat and hot water included in rent.

² Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

³ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

⁴ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect.

To request an application **by mail**, send a **self-addressed envelope** to: **Hegeman c/o Shinda Management Corporation, 221-10 Jamaica Avenue - 3rd Floor, Queens Village, New York, 11428**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **February 10, 2020**.

Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an appointment of eligibility to continue the process of determining your eligibility. Appointments are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español Presente una solicitud en línea en nyc.gov/housingconnect. Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: **Hegeman c/o Shinda Management Corporation, 221-10 Jamaica Avenue - 3rd Floor, Queens Village, New York, 11428**. En el reverso del sobre, escriba en inglés la palabra "SPANISH". Las solicitudes se deben enviar en línea o con sello postal antes de 10 de febrero de 2020.

简体中文 访问 nyc.gov/housingconnect 在线申请。如需索取本广告及申请表的简体中文版，请填写表格后寄回：Hegeman c/o Shinda Management Corporation, 221-10 Jamaica Avenue - 3rd Floor, Queens Village, New York, 11428。信封背面请注明“CHINESE”。信封以下日期之前必须交回或邮递申请 2020 年 2 月 10 日。

Русский Чтобы подать заявление через интернет, зайдите на сайт: nyc.gov/housingconnect. Для получения данного объявления и заполнения на русском языке отправьте конверт с обратным адресом по адресу: **Hegeman c/o Shinda Management Corporation, 221-10 Jamaica Avenue - 3rd Floor, Queens Village, New York, 11428**. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заполненные формы должны быть поданы лично или отправлены по почте (с указанием даты на конверте) не позднее 10 февраля 2020.

한국어 nyc.gov/housingconnect 에서 온라인으로 신청하십시오. 이 광고를 한글로 번역한 것을 받으시려면 봉투에 "KOREAN"이라고 영어로 적어주세요. 2020년 2월 10일까지 봉투의 뒷면에 한글로 "KOREAN"이라고 적어서 봉투를 보내주세요. 봉투의 뒷면에 "KOREAN"이라고 영어로 적어주세요. 2020년 2월 10일까지 봉투의 뒷면에 한글로 "KOREAN"이라고 적어서 봉투를 보내주세요.

Kreyòl Ayisyen Apilke sou entènèt sou sitwèb: nyc.gov/housingconnect. Pou resevwa yon tradiksyon ankrèyòl sa a san lang franse, voye yon let pou retounen li nan: **Hegeman c/o Shinda Management Corporation, 221-10 Jamaica Avenue - 3rd Floor, Queens Village, New York, 11428**. Nan dosye ankrèyòl la, ekri mo "HATIAN CREOLE" an Angli. Ou dwe remèt aplikasyon yo sou entènèt oswa sou dosye tèt ou anvan dat 10 fevriye 2020.

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Governor Andrew Cuomo • Mayor Bill de Blasio • HPD Commissioner Louise Carroll
HCR Commissioner/CEO RuthAnne Vinsauskas



This 'whale' will become the new Arctic attraction

Dorte Mandrup won a competition.

Architecture studio Dorte Mandrup has recently become the winner of an international competition to build the next Arctic attraction. Situated at Andenes, by the edge of the ocean, 'The Whale' will grow out of the

"Located this far North, Andøya is a unique place and The Whale an extraordinary project."

Dorte Mandrup, founder and creative director of the studio

dramatic Norwegian landscape. It will rise naturally as a soft hill on the rocky shore as if

a giant lifts a thin layer of the crust of the earth and creates a cavity underneath.



ALL PHOTOS DORTE MANDRUP

Conservation of whales Andenes is one of the best places in the world to spot whales and that is why the new attraction will be constructed there. It is also expected that this project will help in whale research and their conservation. "Not only will we be creating architecture in yet another remarkable landscape, but we will also take part in increasing the understanding of whales and preservation of marine life," Dorte Mandrup stated. **MWN**

2022

Is the year in which 'The Whale' project is expected to be constructed.



Visitors and locals will be invited to walk on the roof and have an unspoiled view of the ocean and the mountains.



Affordable Housing for Rent

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This building is being constructed through the Inclusionary Housing Program and is anticipated to receive a Tax Exemption through the 421-a Tax Incentive program of the New York City Department of Housing Preservation and Development.

Who Should Apply?

Individuals or households who meet the income and household size requirements listed in the table below may apply. Qualified applicants will be required to meet additional selection criteria. Applicants who live in New York City receive a general preference for apartments.

- A percentage of units is set aside for:
 - o Mobility-disabled applicants (5%)
 - o Vision/hearing-disabled applicants (2%)
- Preference for a percentage of units goes to:
 - o Residents of Brooklyn Community Board 3 (50%)
 - o Municipal employees (5%)

AVAILABLE UNITS AND INCOME REQUIREMENTS

Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ Minimum - Maximum ⁴
Studio	\$1,097	7	→ 1 person	\$48,903 - \$59,760
			→ 2 people	\$46,903 - \$58,320
1 bedroom	\$1,102	25	→ 1 person	\$49,989 - \$59,760
			→ 2 people	\$49,989 - \$58,320
			→ 3 people	\$49,989 - \$76,880
3 bedroom	\$1,513	2	→ 3 people	\$68,503 - \$76,880
			→ 4 people	\$68,503 - \$85,360
			→ 5 people	\$68,503 - \$92,240
			→ 6 people	\$68,503 - \$99,040
			→ 7 people	\$68,503 - \$105,920
Unit Size	Monthly Rent ¹	Units Available	Household Size ²	Annual Household Income ³ Minimum - Maximum ⁴
Studio	\$1,999	4	→ 1 person	\$68,538 - \$97,110
			→ 2 people	\$66,538 - \$111,020
1 bedroom	\$2,125	16	→ 1 person	\$72,858 - \$97,110
			→ 2 people	\$72,858 - \$111,020
			→ 3 people	\$72,858 - \$124,930
2 bedroom	\$2,400	1	→ 2 people	\$82,286 - \$111,020
			→ 3 people	\$82,286 - \$124,930
			→ 4 people	\$82,286 - \$138,710
			→ 5 people	\$82,286 - \$149,880

¹ Tenant is responsible for electricity which includes heat, hot water and stove.

² Household size includes everyone who will live with you, including parents and children.

³ Subject to occupancy criteria.

⁴ Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

⁵ Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

How Do You Apply?

Apply online or through mail. To apply online, please go to nyc.gov/housingconnect. To request an application by mail, send a self-addressed envelope to: 1134 Fulton Street Apartments, c/o Reside New York, 381 South 5th Street, Brooklyn, NY 11211. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

When is the Deadline?

Applications must be postmarked or submitted online no later than **February 5, 2020**. Late applications will not be considered.

What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If you are selected and you appear to qualify, you will be invited to an appointment of eligibility to continue the process of determining your eligibility. Appointments are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

Español Presentar una solicitud en línea en nyc.gov/housingconnect. Para recibir una traducción de español de este anuncio y la solicitud en inglés, envíe un sobre con la dirección 1134 Fulton Street Apartments, c/o Reside New York, 381 South 5th Street, Brooklyn, NY 11211. En el reverso del sobre, escriba en inglés la palabra "SPANISH". Las solicitudes se deben enviar en línea o con sello postal antes de 5 de febrero de 2020.

繁體中文 請到 nyc.gov/housingconnect 申請。如欲索取此廣告之中文譯本及申請表格，請寄信至：1134 Fulton Street Apartments, c/o Reside New York, 381 South 5th Street, Brooklyn, NY 11211。信封背面請寫上「繁體中文」。信封背面請寫上「繁體中文」。

Русский Подайте заявку онлайн на nyc.gov/housingconnect. Для получения перевода с английского на русский язык этого объявления и заявления на участие в конкурсе, отправьте конверт с адресом: 1134 Fulton Street Apartments, c/o Reside New York, 381 South 5th Street, Brooklyn, NY 11211. На обратной стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть получены в электронном виде или по почте (с почтовым戳記) не позднее 5 февраля 2020.

한국어 nyc.gov/housingconnect에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보실 수 있는 1134 Fulton Street Apartments, c/o Reside New York, 381 South 5th Street, Brooklyn, NY 11211. 포스트마킹을 받으실 수 있는 마감일은 2020년 2월 5일입니다. 신청서를 제출하시거나 우편으로 신청하실 때 봉투 뒷면에 "KOREAN"이라고 영어로 적어주십시오. 2020년 2월 5일까지 우편으로 신청서를 제출하시거나 우편으로 신청하실 때 봉투 뒷면에 "KOREAN"이라고 영어로 적어주십시오.

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Mayor Bill de Blasio • HPD Commissioner Louise Carroll





U.S. Democratic presidential candidate Sen. Elizabeth Warren holds a town hall event in West Des Moines, Iowa on November 25, 2019. REUTERS

As poll numbers slide, Warren wrestles with Medicare for All dilemma

Senator moving
toward more popu-
list anti-corruption
message.

With support for Elizabeth Warren's White House bid sliding since the release last month of a divisive plan to overhaul healthcare, the Democratic presidential contender has made an effort to refocus her campaign in early-voting Iowa on her signature anti-corruption message.

Some supporters worry that shift could end up hurting the Massachusetts senator, however. Now that Warren has put her \$20.5-trillion Medicare For All plan on the table, they want the candidate to try harder to win over doubting voters.

"I don't think she should brush it under the rug," retired teacher and Warren backer Karla Thompson, 60, said at a town hall in Marion, where her wife told the candidate she was worried about the plan. "That's what will make or break her."

For the moment, Warren appears to be treading carefully on the issue.

While she said little about Medicare for All while campaigning in Iowa last week, her campaign there has been mobilizing outside experts to hold town halls and educational house parties to convert skeptics, making an aggressive outreach in the crucial state that will kick off the nominating contests.

In three Iowa town halls, Warren mentioned Medicare for All only after asked or fleetingly at the end of her stump speeches. Her campaign, however, planned to host at least eight healthcare-specific events in the state over the following week, along with general policy discussions and trainings for the Feb. 3 caucuses.

The outreach reflects

how the controversy around her proposal has become a central issue for Warren - even though she never set out to have it define her White House bid.

For months, Warren has been running on a populist message of fighting Washington corruption and Wall Street greed. But her promise to expand government health insurance coverage without raising middle-class taxes is what has drawn the most attacks from rivals who say it is unrealistic and from some voters concerned it is too extreme.

"I think the people who are most critical of Medicare for All don't even know what it is."

Clair Celsi, Iowa
state Senator

Warren's momentum has stalled in the month since she announced how she would finance and implement the system, a policy previously tied most closely to U.S. Senator Bernie Sanders of Vermont, who is also in the race.

A Nov. 6-13 CBS News/YouGov poll put Warren in fourth place in Iowa, trailing Sanders, former Vice President Joe Biden and Pete Buttigieg, the mayor of South Bend, Indiana. The same poll in mid-October had her tied for first with Biden.

Iowa state Senator Clair Celsi, who endorsed Warren, has suggested the campaign produce explanatory videos as, "I think the people who are most critical of Medicare for All don't even know what it is," she said.

REUTERS

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Doctors Urge Knee Pain Sufferers

“Don’t Get ANY Surgery Until You See This...”

After Years Of Intense Study, NYC Medical Clinic Finally Reveals It's Best “Treatment Formula” For Helping Knee Arthritis Sufferers... Especially When So Many Other Treatments Have Failed

NEW YORK CITY - If you are even remotely interested in discovering how the latest scientific discoveries can possibly help your knee pain... then this is going to be the most exciting information you ever read.

Here is why: Knee pain can not only be brutal... it's complex. In other words, it's not a simple, easy fix.

But I'm sure you already know that. Or you wouldn't be reading this.

That's the bad news.

Now for some good news...

Over the years, *NYC Pain MD* has treated countless knee pain sufferers. And in that time have been able to constantly improve.

And we have come up with a treatment formula that we have found works best and helps the most patients.

This formula has reduced or even eliminated the pain in many. Some were scheduled for knee replacement surgery and felt good enough to cancel their surgery.

It's amazing when patients who were once in excruciating pain... start feeling better. And start walking again. And playing golf. Or tennis. And finally getting their lives back.

Especially when they had gone to other doctors and tried so many other things.

So many had given up hope.

Sound familiar? If it does... check this out...

The Treatment Formula

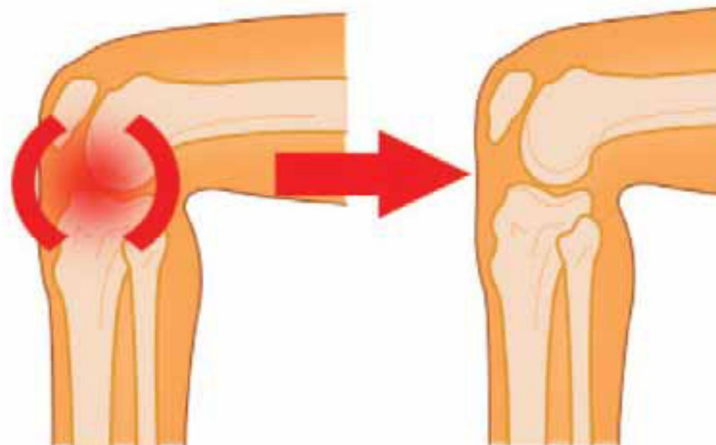
While I can't give you the entire treatment formula here (there is not enough space and WAY too complicated) I can give you the basics. And more important... I can tell you what it might be able to do for YOU.

The first and most important part of the formula is: **PATIENT SELECTION.**

This means, *NYC Pain MD* has a detailed screening process to tell who is most likely to be helped by their treatments... and who is not.

If you qualify, you have the opportunity to move forward and experience the worldclass treatments that *NYC Pain MD* offers.

If you do not, *NYC Pain MD* will tell you what they think your best options are and help



NYC Pain MD “Treatment Formula” A protocol of advanced medical treatments that has already helped thousands.

you find the right doctor for you.

If you qualify, *NYC Pain MD* offers some of the most advanced medical treatments available today all using the most advanced imaging technology including:

- Viscosupplementation (gel injections)
- Platelet Rich Plasma (PRP)
- Stem Cell Therapy (Lipogems)
- Genicular Knee Block
- And more.

Once again, there is not enough space to go into detail about all these procedures... but here are some things you **MUST KNOW...**

Viscosupplementation is where a doctor introduces a gel-like medicine directly into the joint space. This helps to lubricate the joints often relieving some, most or even all of your pain. Results can last for 6 months to several years.

Many have had these treatments *without* good results. However, *NYC Pain MD* feels this is because doctors often do these “gel injections” without advanced imaging to guide them. Research shows they will often miss the joint. If the joint is missed... it is impossible for the treatment to work.

NYC Pain MD has spared no expense and used advanced imaging to guide the injections assuring the medicine gets into the joint. We frequently get results when this treatment was a failure done elsewhere.

The second thing you must know is... our treatment plans are custom made for every patient. And we have all these treatments

offered in the same place. Many times you will get the best results from multiple treatments. At *NYC Pain MD* your doctors will all be there and will all know each other and you and your case. They work together and give you the best treatments and care without you having to go anywhere else.

The ability to select the right patients and then have the potential to give them any or all of these treatments... with all the necessary medical technology... under one roof... has allowed *NYC Pain MD* to get better results than they thought possible.

Here's What You Should Do Next

If you suffer with knee pain... and any of this made sense to you... *NYC Pain MD* would like to offer you a No-cost screening. That screening is the first step in our “Treatment Formula.”

You will get to see a doctor and ask any questions you have. Your doctor will take the first steps to see if you qualify for treatments and give you recommendations.

The best thing is... you will finally get direction. You will know what's going on and what is your best course of action... step-by-step. The treatments will be explained in detail and you will breathe a big sigh of relief finally knowing what's going on and what can or cannot be done.

There is so much we want to say to help you... but I'm out of space. Give us a call at **877-296-6310** and take the first step. That step is free without obligation.



www.PainMDNY.com
877-296-6310

metro.us/crossword

Check your answers
at metro.us/games

ACROSS

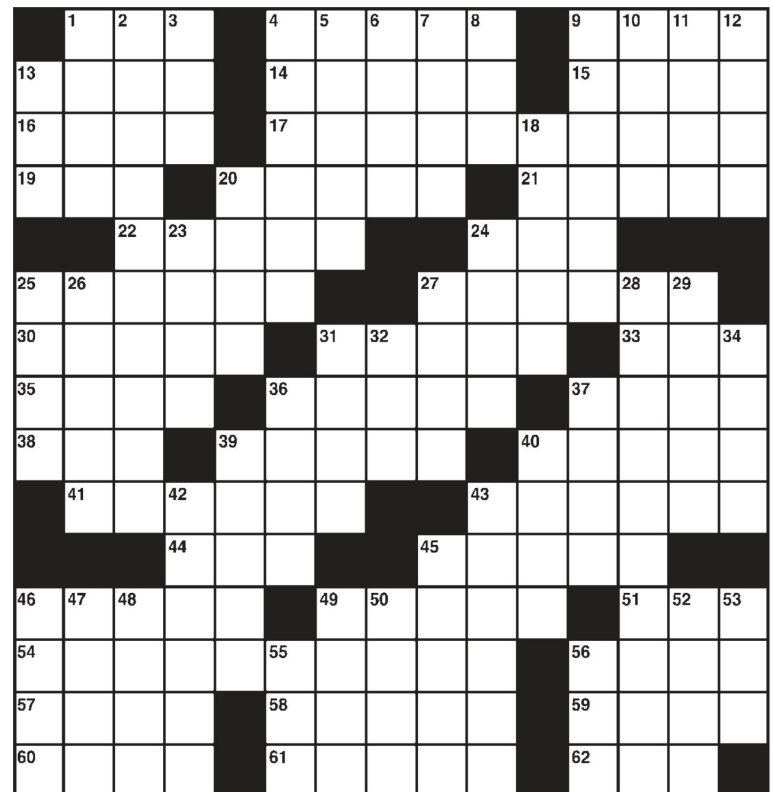
1 Brooch
4 Prayer closings
9 Exchange
13 Saltwater fish
14 ___ with; supports verbally
15 Tried and ___; reliable
16 Uncertain
17 Crawling like a snake
19 Org. for Jaguars or Bengals
20 Autry & others
21 Hand protectors
22 Fill with bliss
24 Last month's calendar pg.
25 Proverbial sayings
27 St. ___; Vatican basilica
30 Put ___; shelve
31 Kelly or Slick
33 Leprechaun
35 Unruly hordes
36 Crack sealant
37 On the ___ of the moment
38 Everyone
39 Rounded edges
40 Provide shelter for
41 Double-dealing
43 Deplore
44 Phone inventor's initials
45 Winger or Messing

46 Higher than
49 Shout of approval
51 Best Buy purchases, perhaps
54 Breathe new life into
56 Car from Italy
57 Encounter
58 "See you ___!"
59 Like pink cheeks
60 Nimble
61 Gets rid of
62 ___ of a kind; unique thing

DOWN

1 "___, the Magic Dragon"
2 Unbending
3 Anti's vote
4 Valuables
5 Winnie-the-Pooh's creator
6 Actress Falco
7 Brooklyn hoopsters
8 Request for silence
9 Try hard
10 Court order
11 Meghan, to Prince Louis
12 Small dowels
13 Element whose symbol is Sn
18 Shed crocodile tears
20 Canasta or Old Maid
23 Can tops
24 Pain in the ___; pest
25 ___ Cass; late singer Elliot
26 Not ___ as; younger

than
27 Compadres
28 Good name
29 Partially melted snow
31 Trot or canter
32 Bacardi specialty
34 Liberate
36 New parents' purchase
37 Zoom aloft
39 Sire children
40 Vagabond
42 Place for a filling
43 Crowbars
45 In a stupor
46 Bear ___; carry a gun
47 Horn toot
48 Think ___; contemplate
49 Feeling ___; in a funk
50 Religious ceremony
52 Bud holder
53 Animal enclosure
55 Jolson & Pacino
56 To & ___; pendulum's motion

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Demand Soars At NYC Medical Clinic For Promising Back Pain Treatment

Can This Medical Technology Possibly Eliminate Or Greatly Reduce Even The Most Severe Back Pain... Almost Instantly?

The Advanced Medical Treatment Every Back & Neck Pain Sufferer Needs To Know - No Matter How Bad The Pain Is Or How Many Other Treatments Have Failed

NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.

Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.

If you suffer with back, neck or nerve pain, you have probably already tried many treatments... especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

An option that a lot of back and neck pain sufferers may have never heard of before.

Before we get into these treatments, please understand this...

NYC Pain MD is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

Know this fact: There is no one treatment that will

help every case of back pain. And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

Radiofrequency Neurotomy
"Radiofrequency Neurotomy" is often referred to as RF for short.

RF is a procedure that is based on the theory that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves.

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease pain and improve function.

If this first "test" procedure is successful, the Radio Frequency Neurotomy is scheduled and performed for longer term relief.

What Results Can You Expect?

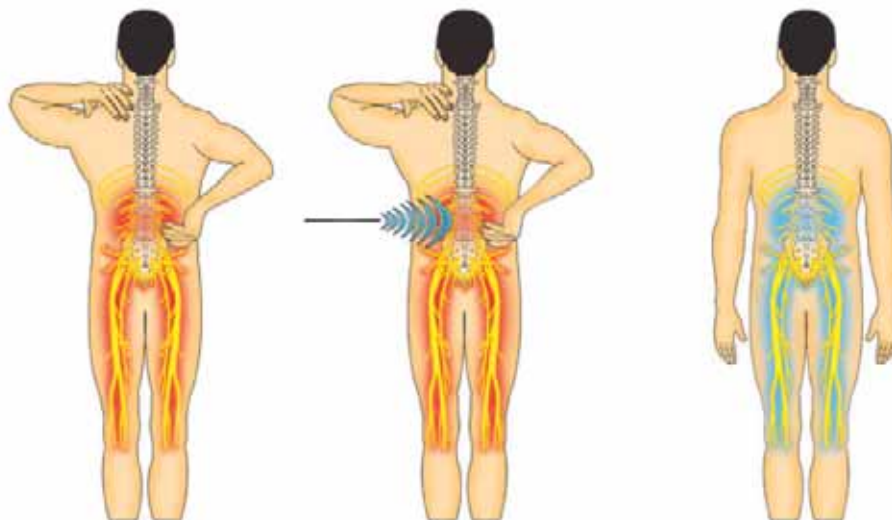
Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

How Long Do The Results Last?

This procedure "blocks" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months... 12 months... 18 months for some and some even longer. The great news is - another procedure can be safely preformed for more relief if necessary.

Advanced Treatment Uses Radio Frequencies To Relieve Serious Neck & Back Pain



Science rescues back & neck pain sufferers?: Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many.

While we cannot claim this is a complete "permanent cure" but... it can be a god-send for so many who were in constant pain.

Really... what would it be worth it to you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be able to finally get a good nights sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and is not surgical.

Who Should Try This Treatment?

RF should be considered after other treatments, such as anti-inflammatory pain medication and physical therapy do not offer good enough results.

RF has also been found effective AFTER back surgery when patient's still feel pain.

The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.

What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

Major Savings In Time And Costs Of Care?

NYC Pain MD's method allows you to avoid expensive hospital or out patient surgery-center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the NYC Pain MD treatments can be done in our in-office procedure suites saving you stress, time and dollars. NYC Pain MD believes this additional "X" factor is one of the reasons so many back pain sufferers travel from all over to be treated at one of their advanced medical clinics.

Your Invitation

NYC Pain MD offers a limited number of complimentary back pain treatment screenings every

month. These screenings are a way for back pain sufferers to get some of their questions answered and see if they are a candidate for one of the cutting-edge treatments offered at NYC Pain MD. If you would like a complimentary screening, just call 877-907-2934 and tell the scheduling expert who answers the phone, "I would like a complimentary back pain screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is no cost and no obligation.

Many of the treatments offered are covered by many insurance plans and traditional medicare.

Call 877-907-2934 for your free screening and find out if you can get out of pain today.

NYC PAIN MD
Non Surgical Medical Relief For Spine & Joint Pain

877-907-2934



the Grumble

sudoku

EASY

	7					9		
	4		9		6			1
		9	3	2			8	4
	3	1			7	8		
8	2			9			5	7
		6	4			1	9	
4	1			5	9	3		
6			2		1		7	
		7					1	

MEDIUM

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	5					7		8
8		2	5			9	6	1
			3	9	2			
9	4	5			1	2		3
5		6					4	
								5
	1		2			8		6

HARD

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	5				8		6	
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		1		8				5
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There was a time when typos were considered anomalies – things that happened so rarely that people would save newspapers where they found a typo – perhaps thinking it would be worth something someday! Today, you find typos everywhere – in upscale magazines, major newspapers, novels ... just leave it to Spellcheck! Why bother double-checking?!!!

PEOPLE – machines are not infallible!! Let's have some oversight!! Some sense of responsibility!! Some common sense!!! PLEASE!!!

Anonymous, Metro US reader



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Aries Listen, observe and gather facts. Diplomacy will be required if you don't want to face a backlash and blame for something you didn't do. Keep the peace.



Taurus Let your memories lead you back in time to old friends, loved ones or pastimes you used to enjoy. It's never too late to go back. Love and romance will give you a big boost.



Gemini Be reserved around people whom you suspect of harboring ulterior motives. Do what's expected of you and move along. The more you get done, the better you will feel. Avoid disputes.



Cancer Choose to have fun. A positive attitude will lead to popularity and plans with someone special. An unexpected opportunity will help you reach a higher goal than anticipated.



Leo You can make changes at home, but don't go overbudget. An innovative plan will lower your overhead or give you the space you need to explore a new project.



Virgo You will be offered valuable information that will help you get ahead. Make arrangements to celebrate with a loved one. Personal gains and romance will liven up your day.



Libra Take care of your responsibilities. You will damage your reputation if you fall short or let someone else take control. Live up to the promises you make.



Scorpio Do what makes you happy. Talks will lead to healthy choices that will improve your livelihood, relationships and future. Make personal growth and romance priorities.



Sagittarius Don't accommodate someone who is using emotional tactics to pressure you into something. Stick to what's practical instead of trying to do the impossible to avoid an emotional or financial loss.



Capricorn Do what makes you happy. Talks will lead to healthy choices that will improve your livelihood, relationships and future. Make personal growth and romance priorities.



Aquarius Remember an incident and the people involved to find insight into how best to move forward now. An old goal may be revived, giving you a new perspective.



Pisces Say what's on your mind and clear the air. Once you have answers, you will know precisely what you must do. Use your imagination and take action. Romance is on the rise. EUGENIA LAST

LIFESTYLE



Anine Bing wears pieces from one of her latest collections with the image of Brigitte Bardot. CONTRIBUTED

Natural Born (Scandinavian) Elegance: ANINE BING

"Our goal with the brand is to create building blocks for the modern woman's wardrobe. I always believe less is more."

LUZ LANCHEROS
MWN
letters@metro.us

Anine Bing is one of the most important designers and 'it girls' today when talking about highly-awarded Scandinavian style. This scene, built in the last few years by a fascinating group of style icons and brands, has been very celebrated and imitated in the fashion industry and on social media. The former model and singer, Los Angeles-based Danish designer started to inspire with her own edgy and minimalist style, creating a successful brand that has been highlighted in the most important fashion magazines around the world and on websites like Net-a-Porter. Currently, the creator has released her new collection in collaboration with the recently deceased iconic photographer Terry O' Neill, inspired in that natural and organic charm that former movie star Brigitte Bardot was a timeless fashion icon of. And that is precisely Bing's key in the fashion universe. Metro chatted with her to learn more.

How have you built your effortless aesthetics? Where does it come

from?

When I started the company, I wanted to make clothes that were effortless. It was really about designing the few pieces I wanted to wear again and again. Everything I design has that feel of being an essential in its own way which I hope will make them staples in everyone's closet for a long time. But, I'm also always looking for new inspiration to spark ideas and keep our brand feeling fresh.

What is your key in achieving to be effortless and chic at the same time? Many people try, but don't seem to succeed. In your case, both with your personal style and brand, how did you achieve this aesthetic?

We have such busy lives, most people don't have an extra hour to pick out what they're wearing, I know I don't, so I rely on basics to always mix and match and go together. Over the years, I've created a sort of uniform for myself so I can get ready quickly and so many people have been drawn to that, which I think is what makes our company successful.

What is the secret of the famous phrase: "Less is more?" How could you define it in your own experience with fashion? Our goal with the brand is to create building blocks for the modern woman's wardrobe. I always believe less is more.

As long as I have a great blazer, T-shirt, denim and boots, I feel unstoppable.

Where do get your inspiration from? We see minimalist and rock vibes, but tell us please where your influences come from.

Our clothes are all about finding that perfect balance between effortless and put together with a little rock 'n' roll twist. Each piece is feminine but masculine and timeless but still cool and edgy so everything can mix and match easily. I pull inspiration from everywhere. The places I visit, music I listen to and vintage shopping around the world.

Why did you want to collaborate with Terry O'Neill?

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Cirque du Soleil brings new holiday show to Hulu Theater

We spoke with three of the show's performers ahead of its premiere this Thursday.



PAT KING
patrick.king@metro.us

This week, Cirque du Soleil will be taking over the Hulu Theater at Madison Square Garden for a special holiday show, "Twas the Night Before..." This new family-friendly show, running from Thursday, Dec. 12 to Sunday, Dec. 29, is an imaginative spin on the Christmas classic that only this world-famous circus group could conjure up.

While seeing is believing when it comes down to understanding just how mesmerizing



ALL PHOTOS
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one of these shows can be, we recently spoke with three of the show's star performers to see how the show has come together and the expe-

riences that have led them to be cast in one of the world's premier entertainment groups.

"For me, it's a dream come true to be a part

of this company which is so worldwide. We are traveling everywhere with this company. I am really proud to be with this company," says

Guillaume Paquin, who is one of the main straps performers that sees him flying high above the stage in especially acrobatic routines.

For Paquin, getting to this point has been a long road full of preparation to be a part of this company. "A lot of people are coming from a lot of [different] backgrounds," he adds. "[But] from seven years old, I was already doing circus in Montreal, because I'm from Montreal, Canada. After doing circus, I went to the National Circus School and graduated in 2015. The first time I was cast was in 2015 was in 'Toruk: the First Flight' inspired by the movie 'Avatar.'"

With such a grand reputation, Paquin explains that the expectations placed on each performer is very high but ultimately worth it, given the outcome every night.

"We've been training



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our whole lives to be on-stage," he says. "We do it again and again to reach perfection. It's really a gift that people can come and watch this."

As for the physical demand, years of performing has prepared him for what this show requires on a nightly basis.

"We take care of our bodies for sure. You need a good warm-up all of the time. It's like a fulltime job, being on-stage is only a part of it. The whole part of it, is your whole life."

Pacquin's route to performing with Cirque du Soleil is one path, but Michele Clark joined the company as a hula hoop performer and now has a major role in "Twas the Night Before..."

"I studied visual art. I have a BFA from the Maryland Institute College of Art and it was during my time as an art student that I got into hula hoop, which is my discipline," says Clark. "I hadn't been aware of circus or had any kind of real sports or athletic training in my life. So I had a really unique perspective about what hula hoop was because I thought of it as more of a formal shape like a sculpture and being in the present moment of experience of doing it. I had a really different approach as to what I

wanted to create with it. Right away, away I wasn't sure I would want to perform. Twenty years later, it turns out I created something kind of interesting (laughs)."

Like Pacquin, Clark's training was key in order to be cast in a company that operates on such a high level.

"As I was going along, I realized I was working with my body. I became a yoga teacher and did many, many hours of dance classes. Ultimately I went to a circus school in China for some time to have a better background and to know what kind of work might be expected of me in any kind of given show that I might enter into," Clark says.

For Evan David Tomlinson Weintraub, the training and education were not the roadblocks that he had to overcome in order to perform in this show, but rather life getting in the way. While attending the National Circus School in Montreal, with Pacquin as a classmate, he had a stroke of luck by being chosen to perform with the company during the Pan American Games Toronto Opening Ceremony in 2015. Things were looking bright for Weintraub until he experienced some debilitating injuries that sidelined

him from performing.

"It's been quite a journey for me," Weintraub says with a laugh looking back on what it has taken to get to this moment. In fact, it is a testament to the company for thinking of him after all of this time.

"I was one of fifteen students to have done that, it was my first contract with Cirque du Soleil. I've been around and they've been thinking of me and this was one of the first opportunities after all of my injuries to work with them again," adds Weintraub.

And now that he has finally made it, Weintraub could not be happier to be a part of this show and to be working with this amazing cast.

"It's a really fun show," he says. "It's a really great cast. We have a lot of fun. Doing the show altogether is a really special thing because we have a lot of love for each other and have a lot of support and it really makes the show go a lot easier."

Cirque du Soleil's "Twas the Night Before..." runs from Dec. 12 through Dec. 29 at the Hulu Theater in Madison Square Garden, 4 Pennsylvania Plaza. For more information, visit <https://www.cirquedusoleilentertainmentgroup.com/>

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The local cidery will be giving out free tastings this Wednesday.

METRO STAFF

This week marks the two-year anniversary of one of Brooklyn's most welcomed boozy destinations: Bushwick's own Brooklyn Cider

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Since opening back in 2017 as New York's

first cidery, Brooklyn Cider House has been introducing New Yorkers to different flavors of ciders that they may not have been accustomed to. For this celebration, the Brooklyn Cider House will be hosting a DJ as well as offering specialty cocktails and normal a la carte menu

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Yanks have record-setting offer on table for Gerrit Cole

The Yankees are expected to make their first offer to free agent star pitcher Gerrit Cole in the coming days.



JOE PANTORNO
joseph.pantorno@metro.us

Major League Baseball's Winter Meetings are underway in San Diego, and with that, the Gerrit Cole sweepstakes are about to explode.

As first reported by ESPN's Jeff Passan, interested teams will start making their offers for the star free agent pitcher beginning this week.

But the New York Yankees are already getting the ball rolling. According to Bob Klapisch of the New York Times, the Yankees have extended a seven-year, \$245 million offer for Cole.

The Yankees met



The offers for Gerrit Cole will start rolling in this week, per multiple reports. GETTY IMAGES

with the 29-year-old right-hander earlier this month in California — which included some star power in the form of franchise-great Andy Pettitte.

In the following days, it was discovered that general manager Brian Cashman gained approval from Yankees own-

ership to offer Cole a record-setting contract.

Cole's potential price tag was believed to be a point of contention for Hal Steinbrenner, who made his desire to stay near the luxury tax threshold known over the past year.

That sudden frugality was believed to be the

reason why the Yankees missed out on both Manny Machado and Bryce Harper last winter.

But the 2019 season further confirmed that the Bronx Bombers need a qualified, bonafide ace to put them over the top in the World Series hunt.

Coming off a 20-5

campaign with a 2.50 ERA and 326 strikeouts with the Houston Astros, Cole would be everything the Yankees ever wanted and their rotation (at the moment) would look something like:

GERRIT COLE
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JAMES PAXTON

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Ask any Yankees fan and they'll tell you Cole is worth the money.

But Cole's price could skyrocket even more if a bidding war ensues. The Los Angeles Angels and Dodgers — both with plenty of money to spend who could offer eight or nine years — are also considered strong favorites for Cole, who is a California kid.

It's worth noting, however, that Cole assured the Yankees during their meeting that there will be no "West Coast bias" when making his decision, per MLB Network's Jon Heyman.

Shortly after the Astros lost the 2019 World Series to the Washington Nationals, outfielder Josh Reddick told the media that Cole would love to go out West.

Per multiple reports, the Texas Rangers and Philadelphia Phillies have also been linked.

In search of Wheeler replacement, Mets linked to Porcello

The Mets might not stay in-house to replace Zack Wheeler in the pitching rotation, but their recent interest on the market makes it clear that they aren't willing to make a big splash, either.

As first reported by MLB Network's Jon Heyman this weekend, there is mutual interest between the Mets and free agent starting pitcher Rick Porcello.

It's an underwhelming name after Wheeler — who had been with the organization since 2013 — walked. And to their division rivals, no less, as the righty inked a five-year, \$118 million deal with the Philadelphia Phillies last week.

His departure provided a sizable chink in the Mets' rotational armor, which is still one of the better starting staffs — at least on paper. New York boasts the two-time defending NL Cy Young Award winner in Jacob deGrom to lead a group



Free agent righty Rick Porcello and the Mets have been linked over the past few days. GETTY IMAGES

featuring Noah Syndergaard, Marcus Stroman and Steven Matz.

Going out and getting a big name in free agency to round out the rotation would be all the indication needed that the Mets are going for it

in 2020.

Porcello, however, suggests otherwise.

The 30-year-old righty, who is a New Jersey native, has had a miserable three-year stretch since winning the American League Cy Young Award

with the Boston Red Sox in 2016.

That year saw him go 22-4 with a 3.15 ERA with 189 strikeouts in 223 innings.

In his last 98 starts, Porcello is 42-36 with a 4.79 ERA. That includes

a 2019 season that saw him post a miserable 5.52 ERA in 174.1 innings of work.

Those numbers are a considerable downgrade from Wheeler, who has a much more lively arm and a higher ceiling. Ac-

quiring Porcello would make him the No. 5 starter while bumping Matz up to the No. 4 slot.

Matz went 11-10 with a 4.21 ERA in 160.1 innings of work last season.

Mets general manager Brodie Van Wagenen's interest in Porcello could come with the hope of his numbers improving with a move to the National League. After all, Porcello spent the past five seasons in the offensively-loaded American League East.

What is likely the largest reason for the Mets' involvement, though, is the price tag.

Porcello is going to be a bargain signing whenever he goes in hopes that a change of scenery can help reclaim his Cy Young-worthy stuff.

Instead of having to shell out \$23.6 million per season for a pitcher like Wheeler, the Mets could pay between \$10 million and \$12 million per year for Porcello.

JOE PANTORNO

Ficken saves Jets with winning FG

Gang Green avoided another embarrassing loss to the Dolphins.



JOE PANTORNO
joseph.pantorno@metro.us

Sam Ficken's 44-yard field goal as time expired lifted the New York Jets to a 22-21 victory over the Miami Dolphins to avoid an embarrassing sweep from the AFC East's last-place team.

Ficken's heroics outshined the historic day by Dolphins kicker Jason Sanders, who hit seven field goals on the day — accounting for all of his team's points on Sunday.

It was the first time in Dolphins history that a kicker made seven field goals in a single game.

The finish didn't come without its fair share of controversy, however.

After Sanders put the Dolphins up 21-19 with 1:33 to go, the Jets were given new life after a reviewed defensive pass interference penalty on the Dolphins extended the Jets' final drive to set up Ficken's game-winner.

The Jets managed to pull out their fourth win in five games without two of their biggest names in running back Le'Veon Bell (illness) and safety Jamal Adams (ankle).

In fact, Gase went to his running game more with Bilal Powell than he had with Bell for a majority of the season.

The Jets called Powell's number 19 times for 74 yards. That's a considerable bump in activity from the backfield seeing as Bell rushed the ball 19 times or more in a single game just once this season.

It once again was a questionable gameplan from head coach Adam Gase, who decided to go run-heavy against one of the league's worst passing



The Jets were saved by Sam Ficken on Sunday. GETTY IMAGES

defenses in the Dolphins.

Against the NFL's worst rushing defense in the Cincinnati Bengals last week, Gase ran Bell just 10 times in the 22-6 loss.

Sam Darnold still managed to have a commendable day, completing 20-of-36 passes for 270 yards, two touchdowns and an interception.

He got the Jets rolling on their second drive of the game as he hit Robby Anderson for a 26-yard score early in the second quarter, though a bad snap resulted in a missed extra point.

Two plays later, though, the Jets got the ball back when Nate Hairston picked off former Jets quarterback Ryan Fitzpatrick at the Dolphins' 44-yard line, which was just the Jets' eighth interception of the season, leading to a field goal.

With 1:55 left before the half, Darnold lobbed a dime to Demaryius Thomas from 14 yards out that the receiver was able to hold onto before the ball was ripped from his arms after crossing the goal line.

After it was initially ruled an incomplete pass, a review determined Thomas had possession crossing the plane to put New York up 16-6.

Two straight field goals from the Dolphins cut the Jets lead to just four early in the third quarter before Darnold was intercepted by Steven Parker — whose

long return gave Miami the ball on New York's 23-yard line.

He was bailed out by the Jets defense, though, which held firm yet again. After forcing a three-and-out, Sanders missed his fifth field goal attempt of the day from 38 yards out.

But the Jets' sputtering offense allowed the Dolphins to stay in it as Sanders redeemed himself with a 53-yard field goal to bring the visitors to within one with 10:52 remaining in the game and put them ahead four minutes later with another from 47.

Darnold and the Jets passing game regained their form momentarily, mostly through a rekindled connection with Anderson. The two hooked up for 37 yards on three receptions during a Jets drive that led to a go-ahead field goal by Ficken with 4:05 to go, but it was answered by Sanders' seventh field goal of the day.

Following a 37-yard completion to Vyncint Smith to get the Jets into Dolphins territory with no timeouts left, an incomplete pass and a sack of Darnold had the Jets facing a 3rd-&-1*. Darnold tried to go back to Smith, who was contacted before the ball arrived by Nik Needham.

The play was initially called an incomplete pass, but a booth review determined that it was defensive pass interference, giving the Jets new life and a first down instead of a 4th-&-18.

A 12-yard reception from Ty Montgomery got the Jets inside the 30 with 37 seconds left to bring in Ficken for the game-winner.

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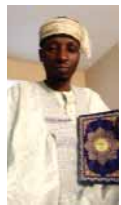
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ACROSS

1 Infant's bed
5 "Get lost!"
9 Clumsy oaf
13 Type of eclipse
15 Lion's den
16 ___ in on; advance toward a target
17 ___ drop of a hat; instantly
18 Kid's spending money
20 Letter for Socrates
21 "___! Goes the Weasel!"
23 "Away in a __, no crib for His bed..."
24 ___ and groans; complains
26 Colossal
27 Minor facts & details
29 JFK's dad
32 "Easy ___"; Fonda/Hopper/Nicholson film
33 Not tactful
35 ___ after; chase
37 As sturdy ___ oak
38 Wedding party member

metro.us/crossword

39 Capitol roof
40 Kitten or canary
41 Air freshener brand
42 Divans
43 Brought up, as kids
45 Pour oil on, as during a rite
46 Prefix for fit or place
47 Cricket or soccer
48 Stone wall builders
51 Suffix for musket or puppet
52 Needless hubbub
55 Too faint to be heard
58 Declined
60 Kellogg's ___ Flakes
61 Breakfast ___; eating area
62 Coleslaw, for one
63 Go out of
64 Practical jokes
65 Skelton & Buttons

DOWN

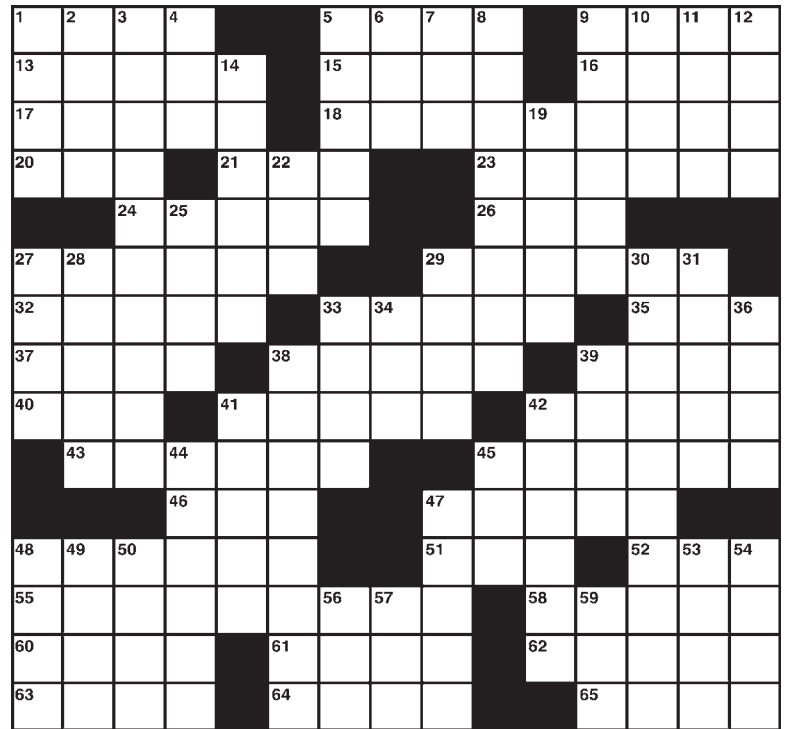
1 ___ of thunder; storm sound
2 Furrows
3 Frighten; daunt
4 Scrooge's comment
5 Strikes with an open hand
6 Coolidge, to friends
7 Be in poor health
8 Brass instrument

9 Transform
10 Word before Island or division
11 ___ more; a second time
12 Forest animal
14 Mend
19 Midriff
22 ___ roll; winning & winning
25 Kitchen appliance
27 Mouse catcher
28 Early ___; one up at dawn
29 "Hey ___"; Beatles song
30 Cost-effective
31 Mortal
33 Pitt or Garrett
34 Tupperware top
36 Home of twigs
38 Welcome boon
39 Entrance
41 Use a pepper mill
42 Night noises
44 Quantity
45 Primate
47 Tries to find
48 Household pests
49 As dumb as ___
50 New Delhi dress
53 Deceased
54 Bookie's concern
56 Deadly squeezer
57 Piece of wood
59 Forbid entry to

We apologize for the weekend's crossword mistake, the correct crossword grid for the weekend is on page NYC 12.

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Check your answers
at metro.us/games



BY TCA

metro.us/wordsearch



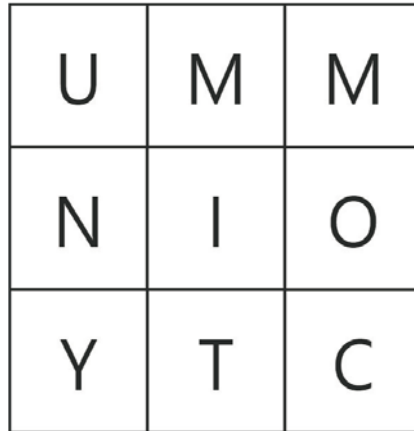
Baklava
Beignet
Bun
Cake
Cannoli

Cinnamon
Croissant
Danish
Dough
Éclair

Macaron
Pastry
Pie
Roll
Zeppole

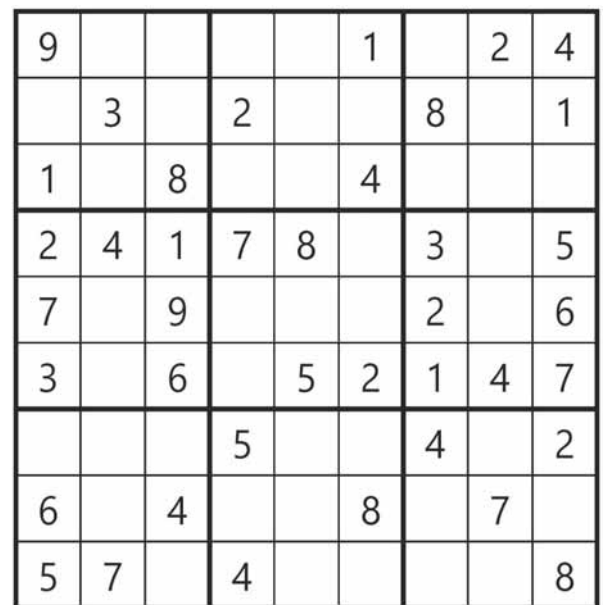
metro.us/wander

Category: TV Show



Trace a path, using every letter once, to find the hidden phrase. Your path can turn in any direction, but not diagonally.

metro.us/sudoku

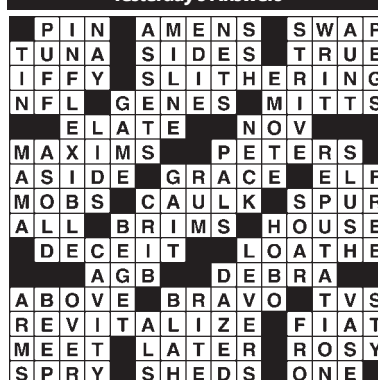


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Yesterday's Answers



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